

# AMA Express Skills Courses: Headset Recommendations

## Acquire a Headset

**In order to participate in an AMA Express Skills course, an appropriate computer headset is required. All participants will need to ensure that they have acquired one before the course begins.**

AMA strongly recommends that for Express Skills courses, participants use a headset with the following characteristics:

- USB connection, with plug-and-play capability (i.e., with the software driver included)
- A built in microphone with noise-cancelling capabilities
- Clear digital stereo headphone audio

A good indication that a headset will perform well for AMA Express Skills courses is a “designed for videoconferencing” or “designed for Skype” label.

An example of a headset which has been found to work well with AMA Express Skills programs is the [Logitech h340](#).

